

# JUNIOR TIMETABLE



JANUARY - APRIL 2019

CLASS	TIME	AGE
<b>MONDAY</b>		
KIDS MULTI SKILLS	4.15pm-4.45pm	4-6
JUNIOR MULTI SKILLS	4.45pm-5.30pm	7+
<b>TUESDAY</b>		
KIDS DANCE	4.00pm-4.30pm	4-6
FOOTBALL	4.00pm-4.45pm	4+
JUNIOR DANCE	4.30pm-5.15pm	7+
<b>WEDNESDAY</b>		
BABY BALLET	12.00am-12.30pm	2-5
<b>THURSDAY</b>		
FAMILY KARATE	5.30pm-6.30pm	4+
<b>FRIDAY</b>		
BEG/INT GYMNASTICS	4.00pm-4.45pm	4+
GYMNASTICS SQUAD	4.45pm-6.45pm	INVITATION ONLY
SPINNING*	5.15pm-6.00pm	8+
<b>SATURDAY</b>		
FOOTBALL	9.00am-9.45am	4+
BEG GYMNASTICS	9.15am-10.00am	4-7
SPINNING*	9.15am-10.00am	8+
FOOTBALL	9.45am-10.30am	8+
INTERMEDIATE GYMNASTICS	10.00am-10.45am	7+
GYMNASTICS SQUAD	10.45am-12.30pm	INVITATION ONLY
<b>SUNDAY</b>		
FAMILY KARATE	10.45am-12.15pm	4+



All classes require at least 3 participants to commence.

\*Technique class required prior to first session. Parents leaving children under 12 are required to stay within Sport & Leisure.

## Call 01772 682 000

Download your timetable:

<http://www.ribbyhall.co.uk/about-our-health-club/fitness-classes>

All information correct at time of print but may be subject to change.