

LUNCH AT THE SPA HOTEL

(SERVED 12:00PM - 4:00PM)

Snacks

All £6.00

- Hummus and Pitta (VE) (327kcal)
- Marinated olives (GF) (VE) (88kcal)
- Crisp battered prawns, sweet chilli dip (GF) (540kcal)
- Beer battered cauliflower, curry mayo (GF) (850kcal)

Starters

- Roast tomato soup, honey and sunflower seed bread, sea salt butter (V) (390kcal) **£9.00**
- Lancashire twice baked cheese soufflé, baby spinach, (V) (317kcal) **£12.00**
- Chicken liver parfait, apple chutney, toasted sourdough (622kcal) **£12.00**
- Locally smoked salmon, warm English muffin, crème fraîche, pickled cucumber (548kcal) **£12.00**
- Crisp battered broccoli, chilli jam, whipped tofu, spring onion (VE) (GF) (181kcal) **£10.00**
- Classic North Atlantic prawn cocktail, avocado, seeded bread (625kcal) **£12.00**

Mains

All £18.00

- Roast garlic buttered chicken, crushed potatoes, English cabbage, green pepper sauce (GF) (583kcal)
- Herb crust salmon, lemon cream and dill tagliatelle (870kcal)
- Spa beef burger, Monterey Jack cheese, burger sauce, tomato, lettuce, gherkin, toasted sesame bun, French fries (870kcal)
- King prawn linguine, garlic, chilli, San Marzano tomatoes, Parmesan (730kcal)

Mains

All £15.00

- Spinach and ricotta cannelloni, arrabiata sauce, basil, Parmesan (V) (557kcal)
- Spa vegan burger, cheese, burger sauce, tomato, lettuce, gherkin, toasted sesame bun, French fries (VE) (817kcal)

Sandwiches

All £14.00

- Steak ciabatta, caramelised onion, rocket salad, pickle mayonnaise (858kcal)
- Open farmhouse bloomer, truffle egg mayonnaise, rocket (V) (608kcal)
- Smoked salmon open sandwich, cream cheese and cucumber (540kcal)

• All sandwiches are served with red cabbage slaw, tortillas crisps

Side Dishes & Snacks

- French fries (GF, VE) (278kcal) **£6.00**
- Red cabbage slaw (V, GF) (130Kcal) **£5.00**
- House salad (V, GF) (52kcal) **£5.00**

Desserts

All £10.00

- Strawberry cheesecake, brown butter crumb (445kcal)
- Cherry flan, vanilla ice cream (590kcal)
- Sticky toffee pudding, chocolate and bourbon sauce (V) (518kcal)
- Chocolate orange delicé, Chantilly cream (GF) (361kcal)

(VE) Vegan (V) Vegetarian (GF) Gluten Free

ALLERGEN INFORMATION:

If you have a specific food or drink allergen request from any of the 14 FSA registered allergens, please inform us; we will take reasonable steps to prepare your order safely. We cannot guarantee a completely allergen-free environment or products during your visit.



Please scan QR code for allergen information and nutritional values.

Adults needs around 2000kcal a day