ALLERGEN & NUTRITIONAL INFORMATION GUIDE FOR CUSTOMERS



Valid from 6th April 2022

Papa Johns is committed to strict hygiene procedures and all of our staff are fully trained in our high standards. However please note our stores are busy environments and while we try to minimise cross contamination between toppings, we cannot guarantee this at all times.



INTRODUCTION

The purpose of this Allergen and Nutritional document is to help you choose menu items from Papa John's if you have a food allergy or intolerance.

Our menu items are produced with approved ingredients only. We cannot however prevent contamination or guarantee a 100% free from finished product as some of our ingredients are stored and handled alongside some products which may contain nuts and other allergens. Do not place an order if you are uncertain about the allergens.

Note: "None" referenced in this document indicates no allergens, as shown below, are listed in the product ingredients. However, we cannot completely eliminate the risk of cross contamination during the assembly part of the pizza making process.

This document highlights the following allergens:

- Gluten containing grains (Wheat, Barley, Oats, Spelt, Kamut etc.)
- Celery
- Crustaceans
- Mustard
- Sesame
- Soya (Soybean)

- Sulphites / Sulphur dioxide
- Egg
- Milk
- Lupin
- Peanuts
- Nuts
- Fish
- Molluscs

CONTENTS

PIZZA

Cheese & Tomato Hawaiian

All The Meats™ Lincoln City Imps

American Hot The Mexican

BBQ Meat Feast Philly Cheesesteak

BBQ Chicken Classic Sausage & Pepperoni

<u>Chicken Club</u> <u>The Works™</u>

<u>Double Pepperoni</u> <u>Pepperoni Perfection</u>

Garden Party Chicken Fajita

The Greek

VEGAN PIZZA

<u>Vegan Cheese & Tomato</u> <u>Vegan Sausage & "Pepperoni"</u>

Vegan Garden Party Vegan The Works

Vegan Jackfruit 'Pepperoni'

SIDES

Garlic Pizza Sticks BBQ Chicken Wings

Garlic Sticks with Four Cheeses Hot Buffalo Chicken Wings

Garlic Cheese Sticks Hot Piri Piri Chicken Poppers

Bacon Cheese Sticks Plain Chicken Poppers

Marmite® & Cheese Scrolls Black Ghost Chilli Chicken Wings

<u>Cheesy Jalapeno Bites</u>
<u>Marmite and Cheese Sticks</u>

Potato Tots with Four Cheeses Branston and Pickle Cheese Sticks

Bacon & Cheese Potato Tots Sweet Chilli Chutney and Cheese Sticks

Plain Roasted Chicken Wings

VEGAN SIDES

<u>Cauliflower Wings</u> <u>Not-Chicken Vegan Bites</u>

Potato Tots Cheesy Chilli Bites

Potato Tots with Vegan Cheese Vegan Marmite® and Cheese Sticks

Potato Tots with Vegan Cheese & Jalapeno Vegan Branston Pickle and Cheese Sticks

Vegan Cheese & Marmite® Scrolls

Vegan Sweet Chili Chutney and Cheese

<u>Sticks</u>

PAPADIAS

BBQ Chicken & Bacon Vegan Philly Mushroom

<u>Italian Sausage & Pepperoni</u> <u>WW Mediterranean Veg & Feta</u>

Philly Cheesesteak WW Fajita Chicken

Philly Mushroom

DESSERTS

Giant Choc Chip Cookie Cinnapie Sticks

Giant Double Chocolate Brownie Magnum Double Salted Caramel

Cinnamon Scrolls Ben & Jerry's™

Chocolate Scrolls

CREATE YOUR OWN - INGREDIENTS

Create Your Own - Ingredients

BASE SAUCE & DIPS

Base & Dip

DRINKS

Tango Ice Blast Soft drinks

BrewDog F'real Milkshakes

RECENTLY DELISTED

<u>Create Your Own – Ingredients</u> <u>Hemp sticks</u>

Cheese & Tomato Branston Stuffed Crust

BUTTERNUT SQUASH BASE

We want as many people to enjoy our pizzas as possible. While our Butternut Squash base is Gluten Free, the pizza will be prepared in an environment that contains gluten and, while every effort is made to prevent it, cross contamination may occur whilst preparing your order.

Therefore this product is not suitable for Coeliacs. If you have any concerns please contact the store directly before ordering.

Ingredients: Butternut Squash (42%), Maize Starch, Sunflower Oil, Pea Flour, Potato Starch, Rice Flour, Buckwheat Flour, Yeast, Pea Protein, vegetable fibre: (Bamboo, Psyllium), Guar Gum, Hydroxypropyl-Methylcellulose, Xantham Gum, Salt.

VEGAN ITEMS

Our vegan menu items are produced using vegan ingredients. We cannot however prevent contamination or guarantee a 100% free from finished product as some of our ingredients are stored and handled alongside meat-based products.

Please speak to our in-store team and they will be happy to talk through our process and limit potential contamination as much as possible. Products produced by Papa John's (GB) are classed as 'Vegan Friendly' = Produced using ingredients suitable for the Vegan diet.

Please be aware that although assembled following strict procedures these pizzas are prepared in an environment that handles meat and dairy products.

BETTER CHICKEN COMMITMENT

Papa John's is pleased to announce that as part of our long term better ingredients journey, we have signed the <u>Better Chicken Commitment</u> (BCC), thereby committing to meet or exceed the standards set out in the BCC by 2026 for 100% of the chicken across our entire European portfolio.

CAGE FREE EGGS

As part of our long term better ingredients journey, Papa John's UK only uses cage-free eggs.

NUTRITIONAL INFORMATION

Adults need around 2000 kcal a day. Product customisation may affect calorie content. This includes Create Your Own, Product Amendments and Half and Half Recipes.

HALAL PRODUCTS

When we source our meat, our decisions are based on animal welfare standards, food safety and quality. We do not specify to any of our suppliers to supply us with halal certified meat, and therefore do not position our stores or meat as halal approved.

However, whilst we do not select based on halal certification, it is possible that our suppliers' products can be classed as halal and this is true only of our Chicken Topping & Chicken Poppers which are sourced directly from suppliers in Thailand, whose meat is certified as halal by The Central Islamic Council of Thailand. Animal welfare throughout the agricultural chain is strictly controlled by the Thai Government Department of Livestock Development.



TOPPINGS: Cheese, Pizza Sauce INGREDIENT ALLERGENS: Gluten, Wheat, Milk INGREDIENT MAY CONTAIN: None

*BUTTERNUT SQUASH BASE

Plant-based medium base.
INGREDIENT ALLERGENS:
Milk
INGREDIENT MAY
CONTAIN: None

CHEESE & TOMATO



SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust Pepperoni – Large
Stuffed Crust - XXL
Butternut Squash* - Medium

VALUES PER 100G										
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT	
kcal	kJ	g	g	g	g	g	g	g	g	
302	1271	11.9	38.5	5.6	10.6	5.33	2.7	0.55	1.38	
281	1181	12.3	39.6	5.8	7.5	3.94	2.7	0.55	1.39	
324	1356	10.3	33.8	6.1	15.9	8.29	2.3	0.61	1.53	
273	1145	11.9	31.3	5.3	10.5	6.06	2.8	0.56	1.39	
281	1180	12.3	32.6	5.2	10.6	6.1	3	0.58	1.4	
263	1106	10.7	35.8	5.3	8	4.6	2.6	0.58	1.4	
270	1135	10.6	35.6	5.5	8.9	5.19	2.5	0.6	1.49	
289	1211	13.6	30.7	7.41	11.9	7.41	2.2	0.48	1.21	
253	1065	12.3	34.9	4.9	6.6	4.05	2.3	0.66	1.65	
300	1259	14.3	31.1	4	12.7	6.8	2.2	0.68	1.69	
266	1115	12.3	28.8	4.8	10.5	6.51	3.5	0.66	1.65	
242	1011	9.3	22.2	1	12.4	5.2	1.5	0.55	1.38	

VALUES PER SLICE										
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES					
kcal per Total	kcal per Portion	g	g	SLICE	SLICE					
1510	190	500	63	1	8					
1911	191	680	68	1	10					
3016	253	931	78	1	12					
1211	201.8	447	74.5	1	6					
1610	201	573	71.6	1	8					
2235	224	850	85	1	10					
3137	261	1162	96.8	1	12					
2087	261	722	90	1	8					
2429	242.9	960	96	1	10					
3000	300	1000	100	1	10					
3418	284.8	1285	107	1	12					
1392	174	575	72	1	8					





Pizza Sauce, Cheese, Ham, Pepperoni, Sausage, Bacon, Spicy Beef

INGREDIENT ALLERGENS: Gluten, Wheat, Mustard, Milk

INGREDIENT MAY CONTAIN: None

ALL THE MEATS™

SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust Pepperoni – Large
Stuffed Crust – XXL

	VALUES PER 100G											
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT			
kcal	kJ	g	g	g	g	g	g	g	g			
281	1177	17.4	22	4.5	12.4	5.82	6.1	0.66	1.66			
277	1161	13.1	27.7	4.9	11.6	5.31	4.8	0.68	1.72			
273	1146	11.7	29.3	4.9	11.5	5.36	2.9	0.68	1.72			
281	1177	12.9	28.1	4.7	12.3	6.03	3.1	0.62	1.54			
275	1154	16.8	24.3	4.6	11.7	5.63	2.8	0.69	1.73			
279	1174	12.1	33.3	5.1	10.6	5.34	1.2	0.63	1.58			
276	1156	12.6	29.4	5.1	11.5	5.5	2.1	0.66	1.65			
284	1186	14.9	23.4	4.4	13.7	7.16	3.5	0.75	1.87			
280	1172	12.8	25.1	4.4	13.6	7.15	3.1	0.71	1.78			
314	1315	16.1	29.1	4	14.3	7	2.2	0.82	2.05			
274	1147	12.4	28.3	4.9	11.9	5.84	1.8	0.71	1.78			

VALUES PER SLICE										
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES					
kcal per Total	kcal per Portion	g	g	SLICE	SLICE					
1658	208	590	74	1	8					
2343	235	846	85	1	10					
3093	257	1133	94	1	12					
1332	222	474	79	1	6					
1936	242	704	88	1	8					
2754	276	987	99	1	10					
3754	312	1360	113	1	12					
2281	284	803	100	1	8					
3072	308	1097	110	1	10					
3571	355	1137	113	1	10					
4061	340	1482	124	1	12					





TOPPINGS: Pizza Sauce, Cheese, Pepperoni, Jalapenos

INGREDIENT ALLERGENS: Gluten, Wheat, Sulphites / Sulphur Dioxide, Milk

INGREDIENT MAY CONTAIN: None

*BUTTERNUT SQUASH BASE

Plant-based medium base.
INGREDIENT ALLERGENS:
Sulphites / Sulphur Dioxide, Milk
INGREDIENT MAY CONTAIN:
None

AMERICAN HOT

SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust Pepperoni – Large
Stuffed Crust - XXL
Butternut Squash* - Medium

VALUES PER 100G										
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT	
kcal	kJ	g	g	g	g	g	g	g	g	
280	1176	8.9	34.1	4.8	11.3	5.6	3.3	0.75	1.89	
293	1230	9.5	36.7	4.7	1.4	5.54	2.8	0.76	1.92	
259	1087	8.4	32.2	4.8	10.2	5.15	2.4	0.69	1.74	
280	1173	11.9	31.6	4.8	11.2	6.1	2.4	0.64	1.6	
270	1135	14.1	29.1	4.9	10.3	5.26	2.4	0.69	1.74	
266	1118	14.2	27.9	4.8	10.3	5.26	2.6	0.67	1.68	
255	1071	15.7	27.1	5.1	8.7	4.32	2.7	0.65	1.63	
276	1157	11.3	30.3	4.5	11.6	6.36	2.6	0.73	1.82	
269	1127	14.4	27.4	4.5	10.7	5.86	2.5	0.69	1.72	
304	1272	13.8	30.5	4.2	13.5	6.7	2.5	0.9	2.26	
265	1114	11.1	33.2	4.9	9.3	4.9	2.1	0.63	1.58	
211	883	7.3	19.6	1	11.1	4	1.4	0.65	1.62	

VALUES PER SLICE										
ENERGY	ENERGY ENERGY PODUCT SIZE PORTION SIZE SLICES									
kcal per Total	kcal per Portion	g	g	SLICE	SLICE					
1506	188	538	67	1	8					
2253	226	769	77	1	10					
2647	220	1022	85	1	12					
1280	213	457	76	1	6					
1763	220	653	82	1	8					
2421	242	910	91	1	10					
3185	265	1249	104	1	12					
2076	260	752	94	1	8					
2744	274	1020	102	1	10					
3221	322	1060	106	1	10					
3633	303	1371	114	1	12					
1222	152	579	72	1	8					





BBQ Sauce, Cheese, Ham, Pepperoni, Sausage, Bacon, Spicy Beef

INGREDIENT ALLERGENS: Gluten, Wheat, Mustard, Milk

INGREDIENT MAY CONTAIN: None

BBQ MEAT FEAST

SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust Pepperoni - Large
Stuffed Crust – XXL

	VALUES PER 100G											
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT			
kcal	kJ	g	g	g	g	g	g	g	g			
304	1274	11.1	35.9	7.5	12.2	5.94	2.9	0.68	1.71			
305	1280	13.1	33.9	7.5	12.1	5.97	4.2	0.7	1.77			
299	1255	14.5	34.2	8.6	10.8	5.49	3.4	0.63	1.59			
296	1242	14.8	31.5	6.7	11.4	5.73	4.1	0.65	1.62			
298	1251	12.5	33.8	6.3	12	5.96	2.5	0.65	1.6			
314	1316	15.4	31.5	6.3	13.4	6.64	2.8	0.67	1.68			
281	1180	13.2	33.8	7.1	9.7	5.14	2.8	0.6	1.5			
302	1267	17.6	26.2	6.3	13.6	7.21	2.4	0.72	1.79			
292	1224	12.4	34.6	6.6	10.9	6.04	2.7	0.63	1.56			
334	1397	16.7	32.9	7	14.5	7.3	2.2	0.84	2.11			
293	1231	15.7	30.2	6.8	11.6	6.35	2.7	0.61	1.53			

VALUES PER SLICE									
ENERGY	Y ENERGY PORTION PORTION SIZE SLICES								
kcal per Total	kcal per Portion	g	g	SLICE	SLICE				
1590	198	523	65	1	8				
2339	235	767	77	1	10				
3131	260	1047	87	1	12				
1297	216	438	73	1	6				
2026	253	680	85	1	8				
2958	296	942	94	1	10				
3684	307	1311	109	1	12				
2353	294	779	97	1	8				
3072	307	1052	105	1	10				
3648	364	1092	109	1	10				
4213	351	1438	120	1	12				





Pizza Sauce, Cheese, Chargrilled Chicken, Bacon, Onions, BBQ drizzle

INGREDIENT ALLERGENS: Gluten, Wheat, Soya, Mustard, Milk

INGREDIENT MAY CONTAIN: None

BBQ CHICKEN CLASSIC

SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust Pepperoni - Large
Stuffed Crust – XXL

VALUES PER 100G										
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT	
kcal	kJ	g	g	g	g	g	g	g	g	
254	1070	11.2	33.6	6.8	8.1	4.19	1.1	0.59	1.48	
250	1049	9.9	33.1	6.7	8.3	4.36	1.4	0.59	1.48	
235	989	11.6	30.2	6.6	7.3	3.92	1.1	0.62	1.55	
253	1062	11	31.7	6.6	8.5	4.59	2.7	0.56	1.39	
250	1053	11.7	31.3	7	8	4.23	3.2	0.57	1.42	
239	1005	11.9	28	4.7	8.3	4.21	2.4	0.62	1.56	
245	1029	11.3	31.7	6.2	7.5	3.69	2.5	0.56	1.41	
257	1077	11.9	29	5.7	9.7	5.77	2.8	0.63	1.58	
250	1048	12.4	29.1	5.8	8.7	5	2.6	0.6	1.5	
292	1225	14.8	31	5.6	11.6	5.8	2.3	0.75	1.88	
243	1024	11.5	34.7	5.4	6.1	2.4	1.7	0.54	1.36	

\	VALUES PER SLICE									
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES					
kcal per Total	kcal per Portion	g	g	SLICE	SLICE					
1503.68	188	592	74	1	8					
2097.5	210	839	84	1	10					
2604	216	1108	92	1	12					
1257	210	497	83	1	6					
1765	220	706	88	1	8					
2342	234	980	98	1	10					
3271	272	1335	111	1	12					
2069	260	805	101	1	8					
2725	273	1090	109	1	10					
3300	330	1130	113	1	10					
3541	294	1457	121	1	12					





Pizza Sauce, Cheese, Chargrilled Chicken, Bacon, Onions, Tomatoes

INGREDIENT ALLERGENS: Gluten, Wheat, Soya, Mustard, Milk

INGREDIENT MAY CONTAIN: None

CHICKEN CLUB

SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust Pepperoni - Large
Stuffed Crust – XXL

	VALUES PER 100G										
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT		
kcal	kJ	g	g	g	g	g	g	g	g		
244	1027	14.1	29	5.2	7.6	3.92	1.6	0.56	1.39		
239	1005	11.6	29.5	5.1	7.8	4.2	2.2	0.6	1.51		
223	940	11.8	27.2	4.9	7	3.9	2.2	0.54	1.35		
238	1001	12.3	28.8	5.2	7.6	4.1	2.6	0.55	1.38		
242	1018	12	29.3	4.9	7.7	4.16	3.9	0.57	1.41		
214	901	10.5	25.9	4.3	7	3.93	2.9	0.53	1.33		
231	972	11.2	28.1	5	7.6	4.24	2.8	0.51	1.29		
241	1012	12.9	25.2	3.2	9.1	5.3	3.4	0.6	1.5		
243	1022	12.7	27.2	4.9	8.8	4.97	2.2	0.57	1.43		
270	1134	14.2	27.8	3.9	10.9	5.7	2.2	0.66	1.65		
228	960	12.3	25.6	5	8	4.7	2.4	0.55	1.38		

\	VALUES PER SLICE									
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	RODUCT PURITON		TOTAL SLICES					
kcal per Total	kcal per Portion	g	g	SLICE	SLICE					
1496	188	613	77	1	8					
2065	206	864	86	1	10					
2536	212	1137	95	1	12					
1204	200	506	84	1	6					
1759	220	727	91	1	8					
2151	216	1005	101	1	10					
3151	263	1364	114	1	12					
1991	248	826	103	1	8					
2709	272	1115	112	1	10					
3119	311	1155	115	1	10					
3388	283	1486	124	1	12					





TOPPINGS: Pizza Sauce, Extra Cheese, Double Pepperoni

INGREDIENT ALLERGENS: Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN: None

*BUTTERNUT SQUASH BASE

Plant-based medium base.
INGREDIENT ALLERGENS:
Milk
INGREDIENT MAY CONTAIN:
None

DOUBLE PEPPERONI

SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust Pepperoni – Large
Stuffed Crust – XXL
Butternut Squash* - Medium

VALUES PER 100G										
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT	
kcal	kJ	g	g	g	g	g	g	g	g	
303	1269	13.4	29.9	4.4	13.9	6.86	2.3	0.73	1.84	
303	1268	16.9	27.5	5.1	13	6.4	4	0.73	1.84	
300	1258	16.6	28.5	5.3	12.8	6.18	2.2	0.74	1.87	
305	1277	11.1	34.1	4.5	13.3	7.12	2.1	0.63	1.57	
299	1255	11.9	33.2	5.1	12.7	6.33	2.3	0.62	1.55	
300	1258	12.7	32.9	4.9	12.6	6.16	2.1	0.7	1.76	
279	1172	10.8	32.5	5.3	11.2	5.6	2.7	0.61	1.54	
290	1217	14.1	27.7	4.2	13.2	7.3	2.2	0.71	1.78	
280	1175	13.2	28.9	4.4	11.9	6.43	2.4	0.69	1.73	
328	1371	15.1	29.4	4	16.1	8	2.2	0.83	2.08	
291	1216	12.5	28	4.2	13.7	7.54	2.6	0.7	1.74	
303	1263	11	20.7	0.9	19.1	6.8	1.5	0.79	1.96	

VALUES PER SLICE									
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES				
kcal per Total	kcal per Portion	g	g	SLICE	SLICE				
1679	209	554	69	1	8				
2339	233	772	77	1	10				
3030	252	1010	84	1	12				
1537	256	504	84	1	6				
2243	280	750	94	1	8				
2850	285	950	95	1	10				
3555	296	1274	127	1	12				
2332	292	804	101	1	8				
2971	297	1061	106	1	10				
3608	361	1100	110	1	10				
4065	339	1397	116	1	12				
1945	242	642	80	1	8				





Pizza Sauce, Cheese, Tomatoes, Onions, Green Peppers, Sweetcorn, Chestnut Mushrooms

INGREDIENT ALLERGENS: Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN: None

*BUTTERNUT SQUASH BASE

Plant-based medium base.
INGREDIENT ALLERGENS:
Milk
INGREDIENT MAY CONTAIN:
None

GARDEN PARTY

V Vegetarian

SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust Pepperoni - Large
Stuffed Crust - XXL

Butternut Squash* - Medium

	VALUES PER 100G											
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT			
kcal	kJ	g	g	g	g	g	g	g	g			
220	925	9.9	29.9	5.3	6.3	3.78	1.9	0.42	1.07			
214	899	8.3	30.6	5.2	5.9	3.38	2.4	0.42	1.07			
202	848	8.4	27.3	5.8	6	3.71	2.4	0.42	1.07			
230	967	7.9	33.3	5.6	6.6	3.7	2.8	0.46	1.16			
223	940	8.4	32.2	4.2	6.2	2.97	2.6	0.44	1.09			
222	933	9.7	29	5.4	6.8	4.05	2.9	0.48	1.21			
217	912	8.2	30.7	3.9	6.2	3.29	2.7	0.43	1.08			
231	971	9.1	28.1	3.7	8.6	4.91	2.5	0.5	1.25			
232	975	9.4	28.4	3.7	8.5	4.95	2.3	0.5	1.25			
270	1132	12.4	29.5	4.5	10.8	5.5	2.6	0.62	1.56			
221	927	10.4	27	3.5	7.3	4.31	2.6	0.44	1.09			
205	860	7.4	21.3	2	9.6	3.7	1.9	0.47	1.18			

VALUES DER 100G

VALUES PER SLICE										
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES					
kcal per Total	kcal per Portion	g	g	SLICE	SLICE					
1298	163	590	74	1	8					
1817	182	849	85	1	10					
2293	192	1135	95	1	12					
1021	170	444	74	1	6					
1570	196	704	88	1	8					
2198	220	990	99	1	10					
2958	247	1363	114	1	12					
1855	231	803	100	1	8					
2552	255	1100	110	1	10					
3078	308	1140	114	1	10					
3282	274	1485	124	1	12					
1328	166	648	81	1	8					





Pizza sauce, cheese, feta, green peppers, chopped tomatoes, olives and Italian seasoning

INGREDIENT ALLERGENS: Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN:
None

THE GREEK

V Vegetarian

SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large

Stuffed Crust Pepperoni - Large

Stuffed Crust - XXL

	VALUES PER 100G										
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT		
kcal	kJ	g	g	g	g	g	g	g	g		
225	943	8.9	26.5	4.5	8.8	5.44	2	0.46	1.17		
213	894	.8.6	24.2	3.7	8.5	5.12	2.8	0.5	1.26		
217	911	8.5	25.6	4	8.4	5.28	2.5	0.46	1.16		
232	973	9.6	28.6	3.2	8.3	4.94	2.1	0.5	1.25		
233	976	9.8	27.5	2.9	8.7	5.4	2.5	0.48	1.2		
224	940	9.9	25.4	3	8.7	5.21	2.2	0.49	1.23		
233	977	9.7	28.8	3.5	8.2	4.96	2.4	0.5	1.26		
245	1025	10.6	25.5	3.4	10.6	6.6	2.4	0.53	1.33		
230	963	10.8	24	3.6	9.6	6.12	2	0.52	1.31		
274	1147	12.7	27.4	3.7	12.1	6.3	2.4	0.72	1.81		
201	845	9.5	27.2	3.9	5.5	3.39	2.2	0.49	1.23		

VALUES DED 1000

VALUES PER SLICE										
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES					
kcal per Total	kcal per Portion	g	g	SLICE	SLICE					
1346	169	598	75	1	8					
1862	185	874	87	1	10					
2502	208	1153	96	1	12					
1172	195	505	84	1	6					
1708	214	733	92	1	8					
2274	228	1015	102	1	10					
3215	268	1380	115	1	12					
2058	257	840	105	1	8					
2611	262	1135	114	1	10					
3151	315	1150	115	1	10					
3045	253	1515	126	1	12					





TOPPINGS: Pizza Sauce, Cheese, Pineapple, Ham

INGREDIENT ALLERGENS: Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN: None

*BUTTERNUT SQUASH BASE

Plant-based medium base.
INGREDIENT ALLERGENS:
Milk
INGREDIENT MAY
CONTAIN: None

HAWAIIAN

SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust Pepperoni – Large
Stuffed Crust – XXL
Butternut Squash* - Medium

VALUES PER 100G										
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT	
kcal	kJ	g	g	g	g	g	g	g	g	
255	1071	11.6	31.4	6	8.4	4.58	3.7	0.59	1.49	
236	991	9.9	30.4	5.9	7.3	4	4.5	0.59	1.49	
229	960	8.8	28.9	5.5	7.8	4.36	3.8	0.58	1.46	
252	1060	10	35.9	6	7	3.74	2.6	0.57	1.42	
261	1101	9.4	38.2	6.4	7.6	4.17	1.3	0.55	1.38	
238	1001	10.1	31.2	5.1	7.7	4.49	1.7	0.59	1.48	
229	964	9.8	30.2	5.7	7.1	4.45	2.7	0.53	1.33	
264	1108	13.1	30.9	5.2	9.4	5.7	1.5	0.58	1.46	
252	1059	11.9	30.3	5	8.8	5.4	2	0.6	1.5	
294	1232	14.7	31.2	5.1	11.8	6	2.3	0.75	1.87	
232	974	14.7	25.4	5.3	7.3	4.2	2.8	0.57	1.43	
215	901	8.2	21.7	2	10.2	3.9	1.5	0.51	1.28	

\	VALUES PER SLICE										
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES						
kcal per Total	kcal per Portion	g	g	SLICE	SLICE						
1425	179	559	70	1	8						
1879	189	796	80	1	10						
2439	204	1065	89	1	12						
1189	199	472	79	1	6						
1757	219	673	84	1	8						
2230	224	937	94	1	10						
2959	245	1292	107	1	12						
2038	256	772	97	1	8						
2638	265	1047	105	1	10						
3196	318	1087	108	1	10						
3283	274	1415	118	1	12						
1318	166	613	77	1	8						





Pizza Sauce, Cheese, Italian Sausage, Mushrooms, Pepperoni, Spicy Beef

INGREDIENT ALLERGENS: Gluten, Wheat, Mustard, Milk

INGREDIENT MAY CONTAIN: None

LINCOLN CITY IMPS

SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust Pepperoni - Large
Stuffed Crust – XXL

	VALUES PER 100G											
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT			
kcal	kJ	g	g	g	g	g	g	g	g			
271	1136	12.6	24.7	2.5	13.2	5.5	1.5	0.56	1.41			
269	1125	12.1	26.6	2.7	12.3	4.8	1.6	0.55	1.38			
270	1131	12.3	26.2	2.7	12.5	5.1	1.5	0.55	1.39			
273	1145	12.2	28.3	2.8	12	4.7	1.6	0.55	1.36			
274	1148	12.2	28.5	2.8	12	4.7	1.7	0.55	1.37			
271	1135	11.8	29.2	2.9	11.4	4.3	1.7	0.54	1.35			
273	1144	11.9	30.1	2.9	11.2	4.3	1.7	0.54	1.34			
281	1175	13.7	25.5	2.5	13.5	6	1.4	0.57	1.42			
277	1160	13.1	26.6	2.6	12.8	5.5	1.5	0.56	1.4			
300	1255	14.9	27.4	3.5	14	7	2.4	0.69	1.73			
278	1164	12.9	27.9	2.7	12.3	5.2	1.6	0.55	1.38			

VALUES DED 100C

\	VALUES PER SLICE										
ENERGY	ENERGY	ENERGY PRODUCT WEIGHT PORTION SIZE SIZE									
kcal per Total	kcal per Portion	g	g	SLICE	SLICE						
1756	220	648	81	1	8						
2440	245	907	91	1	10						
3178	265	1177	98	1	12						
1466	240	537	88	1	6						
2085	260	761	95	1	8						
2764	276	1020	102	1	10						
3844	319	1408	117	1	12						
2459	306	875	109	1	8						
3180	319	1148	115	1	10						
3495	348	1165	116	1	10						
4309	359	1550	129	1	12						





Pizza Sauce, Cheese, Spicy Beef, Jalapeño Peppers, Green Peppers, Onion, Red Chilli Peppers

INGREDIENT ALLERGENS: Gluten, Wheat, Sulphites / Sulphur Dioxide, Milk

INGREDIENT MAY CONTAIN: None

THE MEXICAN

SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust Pepperoni - Large

Stuffed Crust - XXL

	VALUES PER 100G											
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT			
kcal	kJ	g	g	g	g	g	g	g	g			
250	1053	10.4	34	5.1	7.4	3.52	3.1	0.63	1.58			
249	1047	9.7	33.3	5.4	8	4.04	2.5	0.58	1.45			
242	1018	8.1	36	5.2	6.6	3.52	3	0.56	1.42			
251	1055	10.6	31.4	4.9	8,6	4.69	2.8	0.55	1.38			
251	1055	10.7	32	4.8	8.4	4.09	2.3	0.57	1.41			
235	986	9	29.3	4.5	8.5	4.44	2.5	0.58	1.45			
240	1008	11.3	28.6	3.4	8.4	4.31	2.3	0.57	1.41			
256	1076	11.4	28.2	3.8	10.4	5.63	2.2	0.61	1.52			
246	1032	17.4	21.6	4.3	9.5	5.02	2.2	0.63	1.57			
291	1221	13.9	30.3	4.3	12.1	6.1	2.7	0.77	1.93			
242	1013	10.3	26.5	3.9	9.9	5.28	2.6	0.61	1.52			

VALUES PER SLICE										
ENERGY	ENERGY	IERGY PRODUCT PORTION SIZE SIZE								
kcal per Total	kcal per Portion	g	g	SLICE	SLICE					
1458	183	583	73	1	8					
2042	204	820	82	1	10					
2626	218	1085	90	1	12					
1217	203	485	81	1	6					
1749	218	697	87	1	8					
2258	226	961	96	1	10					
3151	262	1313	109	1	12					
2038	256	796	100	1	8					
2635	263	1071	107	1	10					
3233	323	1111	111	1	10					
3473	290	1435	120	1	12					





TOPPINGS: Philly sauce base, steak, peppers and onion

INGREDIENT ALLERGENS: Gluten, Wheat, Barley, Soya, Mustard, Milk

INGREDIENT MAY CONTAIN: None

PHILLY CHEESESTEAK

SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust Pepperoni – Large
Stuffed Crust – XXL

	VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT	
kcal	kJ	g	g	g	g	g	g	g	g	
347	1459	11	30.9	3.7	19.6	3.8	2	0.45	1.12	
340	1428	11.5	31.3	3.8	18.4	3.8	2	0.44	1.11	
334	1405	11.6	32	3.8	17.4	3.7	2	0.45	1.12	
348	1463	11.2	33.6	3.7	18.3	3.9	2.1	0.48	1.19	
340	1428	11.6	33.1	3.7	17.4	3.9	2	0.47	1.16	
334	1406	11.8	33.6	3.7	16.6	3.8	2.1	0.46	1.15	
329	1385	11.8	35.1	3.8	15.3	3.5	2.1	0.46	1.15	
343	1439	13.1	29.4	3.2	18.8	5.4	1.8	0.52	1.29	
338	1419	13	30	3.3	17.9	5	1.8	0.5	1.26	
348	1458	14.3	31.3	4.6	18	6.4	2.4	0.66	1.65	
333	1399	12.8	32.2	3.5	16.6	4.6	1.9	0.5	1.24	

VALUES PER SLICE								
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES			
kcal per Total	kcal per Portion	g	g	SLICE	SLICE			
1822	229	525	66	1	8			
2516	252	740	74	1	10			
3267	272	978	82	1	12			
1610	230	463	66	1	6			
2300	245	677	72	1	8			
3068	261	919	78	1	10			
4098	290	1246	88	1	12			
2687	285	784	83	1	8			
3510	297	1039	88	1	10			
3744	372	1076	107	1	10			
4590	326	1379	98	1	12			





Pizza Sauce, Real Italian Cheeses, Pepperoni, Pork Sausage, Italian Style Seasoning

INGREDIENT ALLERGENS: Gluten, Wheat, Mustard, Milk

INGREDIENT MAY CONTAIN: None

SAUSAGE & PEPPERONI

SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust Pepperoni - Large
Stuffed Crust – XXL

	VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT	
kcal	kJ	g	g	g	g	g	g	g	g	
303	1271	15.2	29	4.5	13.4	6.36	3	0.65	1.63	
296	1237	13.1	26.3	4.4	14.3	7	4.8	0.68	1.71	
277	1158	17.4	21	4.3	12.6	6.29	4.9	0.62	1.57	
289	1209	13.1	29.8	4.5	12.2	6.57	3.6	0.63	1.58	
295	1236	16.1	29.2	4.7	12	6.08	2.7	0.64	1.61	
292	1223	14.8	23.9	4.4	14.6	7.56	3.1	0.62	1.56	
279	1168	11.8	29.9	4.5	11.7	5.54	3.3	0.61	1.53	
294	1230	10.3	29.4	4.1	14.2	7.68	3.7	0.7	1.74	
281	1176	11.2	30.9	4.2	11.8	6.67	3	0.68	1.71	
324	1354	16.3	28	3.9	15.7	7.9	2.4	0.81	2.03	
270	1132	11.5	28.4	4.6	11.6	5.98	3.1	0.64	1.6	

\	VALUES PER SLICE								
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES				
kcal per Total	kcal per Portion	g	g	SLICE	SLICE				
1815	227	599	75	1	8				
2578	258	871	87	1	10				
3238	269	1169	97	1	12				
1474	246	510	85	1	6				
2103	263	713	89	1	8				
2955	296	1012	101	1	10				
3895	325	1396	116	1	12				
2387	298	812	102	1	8				
3153	315	1122	112	1	10				
3765	376	1162	116	1	10				
4096	341	1517	126	1	12				





Pizza Sauce, Cheese, Pepperoni, Italian Sausage, Ham, Chestnut Mushrooms, Green Peppers, Onions, Black Olives

INGREDIENT ALLERGENS: Gluten, Wheat, Mustard, Milk

INGREDIENT MAY CONTAIN: None

THE WORKS™

SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust Pepperoni - Large
Stuffed Crust – XXL

	VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT	
kcal	kJ	g	g	g	g	g	g	g	g	
252	1056	12.3	27	4.1	9.7	4.63	3.6	0.6	1.52	
246	1032	10.4	27.7	4.7	9.1	4.08	5.9	0.64	1.62	
240	1005	11	26.3	4.8	9.5	4.59	2.4	0.58	1.47	
252	1058	11.8	28.6	4.6	9.5	4.7	2.4	0.61	1.52	
252	1058	10.5	28.5	4.4	10	4.67	3.1	0.61	1.51	
243	1021	10.4	27.8	3.8	9.6	4.8	2.1	0.57	1.41	
242	1015	9.8	29.2	4.7	8.9	4.34	2.8	0.57	1.43	
263	1103	11.9	26.7	4	11.5	6.03	2.7	0.65	1.62	
247	1035	10.4	24.8	3.9	11.2	6.04	2.8	0.61	1.53	
292	1223	14	27.9	4.1	13.2	6.3	2.7	0.75	1.88	
243	1018	12.5	25.3	4.1	9.6	4.55	2.5	0.59	1.47	

VALUES PER SLICE								
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES			
kcal per Total	kcal per Portion	g	g	SLICE	SLICE			
1555	194	617	77	1	8			
2192	219	891	89	1	10			
2858	238	1191	99	1	12			
1230	205	488	81	1	6			
1842	230	731	91	1	8			
2508	251	1032	103	1	10			
3432	286	1418	118	1	12			
2183	273	830	104	1	8			
2821	282	1142	114	1	10			
3451	345	1182	118	1	10			
3745	312	1541	128	1	12			





PEPPERONI PERFECTION

SIZE & CRUST
Stuffed Crust Pepperoni – Large

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
312	1207	16.3	29.1	4	14	7	2.2	0.82	2.06

VALUES PER SLICE								
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES			
kcal per Total	kcal per Portion	g	g	SLICE	SLICE			
3707	368	1188	118	1	10			

TOPPINGS:
Pizza Sauce, Extra Cheese,
Double Pepperoni
INGREDIENT ALLERGENS:
Gluten, Wheat, Milk
INGREDIENT MAY CONTAIN:

None

STUFFED CRUST INGREDIENT ALLERGENS: Milk INGREDIENT MAY CONTAIN: None



Pizza Sauce, Cheese, Chicken, Green Peppers, Tomatoes, Spicy Seasoning

INGREDIENT ALLERGENS: Gluten, Wheat, Soya, Mustard, Sulphites/Sulphur Dioxide, Milk

INGREDIENT MAY CONTAIN: None

CHICKEN FAJITA

SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust Pepperoni - Large
Stuffed Crust – XXL

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
222	937	11.2	30.6	4.3	5.7	2.2	2.4	0.5	1.24
224	945	11.2	30.7	4.3	5.8	2.3	2.3	0.5	1.26
227	959	11.2	31.4	4.3	5.9	2.3	2.3	0.5	1.26
242	1021	11.7	33.9	4.4	6.2	2.5	2.3	0.51	1.28
243	1026	11.9	33.8	4.4	6.3	2.6	2.3	0.52	1.29
242	1019	11.7	33.8	4.4	6.2	2.5	2.3	0.51	1.29
246	1037	11.6	35.4	4.5	6	2.4	2.3	0.51	1.28
217	913	10.4	29.5	3.9	6	2.4	2	0.45	1.14
220	927	10.4	30.2	4	6	2.4	2	0.46	1.16
274	1150	13.8	29.1	4.4	10.9	5.5	2.7	0.67	1.67
230	972	10.5	33.7	4.2	5.5	2	2.1	0.46	1.15

VALUES PER SLICE								
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES			
kcal per Total	kcal per Portion	g	g	SLICE	SLICE			
1276	160	575	72	1	8			
1846	184	824	82	1	10			
2488	207	1096	91	1	12			
1220	203	504	84	1	6			
1767	221	727	91	1	8			
2422	242	1001	100	1	10			
3348	278	1361	113	1	12			
1810	226	834	104	1	8			
2466	246	1121	112	1	10			
3209	321	1171	117	1	10			
3243	271	1410	118	1	12			





TOPPINGS: Pizza Sauce, Vegan Cheese

INGREDIENT ALLERGENS: Gluten, Wheat, Oats (Gluten Free)

INGREDIENT MAY CONTAIN: None

*BUTTERNUT SQUASH BASE

Plant-based medium base.
INGREDIENT ALLERGENS:
Oats (Gluten Free)
INGREDIENT MAY CONTAIN:
None

VEGAN CHEESE & TOMATO



Butternut Squash* - Medium

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
293	1231	6.9	40.1	5.5	10.8	7.18	4.1	0.61	1.55
286	1202	7.1	38.9	5.3	10.6	7.04	3.5	0.6	1.52
267	1121	5.4	37.3	5	9.9	6.88	3.6	0.61	1.55
305	1280	7.6	42.8	4.4	10.8	8.06	3	0.54	1.35
295	1237	8.3	38.8	4.9	11.1	8.27	3.2	0.57	1.43
267	1122	6.5	39	5.6	8.8	6.27	2.9	0.52	1.29
268	1127	10	36.3	5.6	8.5	6.01	3.2	0.51	1.26
296	1243	7.9	38.4	4.2	11.6	8.84	3.3	0.57	1.42
291	1219	8.3	36.9	4.6	11.4	8.56	3.6	0.56	1.4
274	1152	9.9	34.9	4.9	9.8	7.11	3.5	0.53	1.31
239	1002	3.6	29.7	1.3	11.1	4.7	2.7	0.55	1.36

\	/ALL	JES F	PER S	SLICE	
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
kcal Per Total	Kcal per Portion	G	G	SLICE	SLICE
1272	158	434	54	1	8
1776	177	621	62	1	10
2229	187	835	70	1	12
1251	209	410	68	1	6
1690	211	573	72	1	8
2101	210	787	79	1	10
2913	243	1087	91	1	12
1954	244	660	83	1	8
2590	259	890	89	1	10
3302	275	1205	100	1	12
1135	53	475	22	1	8



Pizza Sauce, Vegan Cheese, Tomatoes, Onions, Green Peppers, Sweetcorn, Chestnut Mushrooms

INGREDIENT ALLERGENS: Gluten, Wheat, Oats (Gluten Free)

INGREDIENT MAY CONTAIN: None

*BUTTERNUT SQUASH BASE

Plant-based medium base.
INGREDIENT ALLERGENS:
Oats (Gluten Free)
INGREDIENT MAY CONTAIN:
None

VEGAN GARDEN PARTY



SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust – XXL
Butternut Squash* - Medium

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
226	950	5.9	33.8	5	6.8	4.45	3	0.43	1.1
213	898	6	32.2	4.7	6	3.84	3.3	0.41	1.04
208	873	5.4	31.7	4	5.9	3.53	3	0.41	1.04
267	1124	7.4	40.9	4.5	7.6	4.2	2.8	0.49	1.23
260	1093	7.1	39.6	4.5	7.5	4.2	2.9	0.47	1.18
253	1066	7	38.7	4.5	7.2	4	2.9	0.46	1.16
254	1071	7.2	39.6	4.6	6.9	3.6	2.8	0.46	1.15
230	967	6.3	35	4	6.7	3.7	2.5	0.42	1.05
228	961	6.3	34.9	4	6.5	3.6	2.6	0.42	1.04
233	982	6.6	36.3	4.2	6.3	3.3	2.6	0.42	1.05
192	804	3.1	24.3	1.8	8.5	3.6	2.4	0.43	1.07

\	/ALL	JES F	PER S	SLICE	Ξ
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
kcal Per Total	Kcal per Portion	G	G	SLICE	SLICE
1191	149	527	66	1	8
1649	164	774	77	1	10
2180	181	1048	87	1	12
1183	198	443	74	1	6
1732	216	666	83	1	8
2378	238	940	94	1	10
3302	274	1300	108	1	12
1732	216	753	94	1	8
2378	237	1043	104	1	10
3304	275	1418	118	1	12
1244	156	648	81	1	8



TOPPINGS: Pizza Sauce, Vegan Cheese, Jackfruit 'Pepperoni'

INGREDIENT ALLERGENS: Gluten, Wheat, Oats (Gluten Free)

INGREDIENT MAY CONTAIN: None

VEGAN JACKFRUIT 'PEPPERONI'



SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large

Stuffed Crust - XXL

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
270	1134	7.1	34.8	5.1	10.3	6.3	5.1	0.72	1.8
270	1134	6.5	35.8	5.3	10.2	6.6	4.7	0.73	1.83
263	1103	6.4	33.9	5.1	10.3	6.55	4.6	0.67	1.7
267	1120	6.8	36.6	5.3	9.4	6.48	4.3	0.66	1.65
276	1158	7.4	38.7	5.1	9.2	6.19	4.2	0.64	1.6
257	1078	7	36.3	5.2	8.3	5.51	4.3	0.66	1.65
282	1182	4.1	38.2	4.8	11.6	8.35	4.2	0.66	1.64
287	1203	6.9	34.9	4.6	12.3	8.5	4.6	0.67	1.67
269	1128	7.4	35.4	4.7	10	6.8	3.8	0.68	1.69
263	1102	6.6	35.2	5.4	9.7	6.6	4.1	0.67	1.69

\	/ALL	JES F	PER S	SLICE	
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
kcal Per Total	Kcal per Portion	G	G	SLICE	SLICE
1409	176	522	65	1	8
1947	194	721	72	1	10
2480	208	943	79	1	12
1188	198	445	74	1	6
1742	218	631	79	1	8
2215	221	862	86	1	10
3299	275	1170	98	1	12
2061	258	718	90	1	8
2596	260	965	97	1	10
3387	282	1288	107	1	12



Pizza Sauce, Vegan Cheese, Vegan Sausage, Jackfruit 'Pepperoni'

INGREDIENT ALLERGENS: Gluten, Wheat, Barley, Oats (Gluten Free), Soya

INGREDIENT MAY CONTAIN: None

VEGAN SAUSAGE & 'PEPPERONI'



SIZE & CRUST
uthentic Thin Crust - Medium
uthentic Thin Crust - Large

Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust – XXI

	VALUES PER 100G											
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT			
kcal	kJ	g	g	g	g	g	g	g	g			
270	1134	7.1	34.8	5.1	10.3	6.3	5.1	0.72	1.8			
270	1134	6.5	35.8	5.3	10.2	6.6	4.7	0.73	1.83			
263	1103	6.4	33.9	5.1	10.3	6.55	4.6	0.67	1.7			
267	1120	6.8	36.6	5.3	9.4	6.48	4.3	0.66	1.65			
276	1158	7.4	38.7	5.1	9.2	6.19	4.2	0.64	1.6			
257	1078	7	36.3	5.2	8.3	5.51	4.3	0.66	1.65			
282	1182	4.1	38.2	4.8	11.6	8.35	4.2	0.66	1.64			
287	1203	6.9	34.9	4.6	12.3	8.5	4.6	0.67	1.67			
269	1128	7.4	35.4	4.7	10	6.8	3.8	0.68	1.69			
263	1102	6.6	35.2	5.4	9.7	6.6	4.1	0.67	1.69			

VALUES PER SLICE										
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES					
kcal Per Total	Kcal per Portion	G	G	SLICE	SLICE					
1409	176	522	65	1	8					
1947	194	721	72	1	10					
2480	208	943	79	1	12					
1188	198	445	74	1	6					
1742	218	631	79	1	8					
2215	221	862	86	1	10					
3299	275	1170	98	1	12					
2061	258	718	90	1	8					
2596	260	965	97	1	10					
3387	282	1288	107	1	12					



Pizza Sauce, Vegan Cheese, Jackfruit "Pepperoni", Vegan Sausage, Chestnut Mushrooms, Green Peppers, Onions, Black Olives

INGREDIENT ALLERGENS: Gluten, Wheat, Barley, Oats (Gluten Free), Soya

INGREDIENT MAY CONTAIN: None

THE VEGAN WORKS



SIZE & CRUST
Authentic Thin Crust - Medium
Authentic Thin Crust - Large
Authentic Thin Crust - XXL
Original Base - Small
Original Base - Medium
Original Base - Large
Original Base - XXL
Stuffed Crust - Medium
Stuffed Crust - Large
Stuffed Crust – XXL

	VALUES PER 100G											
ENERGY	ENERGY	PROTEIN	CARBOHY DRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT			
kcal	kJ	g	g	g	g	g	g	g	a			
239	1003	7.8	31.4	4.3	8.4	4.49	3.2	0.57	1.44			
241	1009	7.6	30.1	4.5	9.1	4.82	3.9	0.59	1.49			
231	968	7.4	30	4.5	8.2	3.94	3.6	0.57	1.42			
249	1047	7.1	34.8	4.8	8.3	5.2	3.5	0.54	1.34			
255	1071	7.8	34	4.8	9	5.38	3.4	0.55	1.39			
227	951	7.1	29.9	3.5	8	4.58	3.3	0.48	1.19			
239	1004	7.8	32.7	4.3	7.9	4.13	2.9	0.51	1.28			
261	1096	6.8	33.4	3.6	10.3	6.,59	3.9	0.58	1.46			
252	1058	6.9	31.9	3.5	10	6.23	3.6	0.52	1.3			
242	1014	7.1	31	3.4	9.2	5.69	3.3	0.4	1.01			

VALUES PER SLICE										
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES					
kcal Per Total	Kcal per Portion	G	G	SLICE	SLICE					
1393	174	583	73	1	8					
2008	200	833	83	1	10					
2645	219	1145	95	1	12					
1188	197	477	79	1	6					
1777	222	697	87	1	8					
2177	218	959	96	1	10					
3279	272	1372	114	1	12					
2046	256	784	98	1	8					
2714	272	1077	108	1	10					
3603	300	1489	124	1	12					



BBQ CHICKEN & BACON

TOPPINGS: Grilled Chicken, BBQ Sauce, Bacon, Onion, Cheese

INGREDIENT ALLERGENS: Gluten, Wheat, Soya, Mustard, Milk

INGREDIENT MAY CONTAIN: None

VALUES PER 100G										
ENERGY	ENERGY	PROTEIN	CARBOH YDRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT	
kcal	kJ	g	g	g	g	g	g	g	g	
333	1404	10.9	54.8	6	7.2	1.13	2.6	0.49	1.23	

VALUES PER PORTION									
ENERGY	ENERGY	NERGY POTAL PORTION PORTION SIZE SIZE							
kcal per Total	kcal per Portion	g	g	Slice	Slice				
737	737	315	315	2	2				



ITALIAN SAUSAGE & PEPPERONI

TOPPINGS:

Pizza Sauce, Italian Sausage, Pepperoni, Jalapenos, Cheese

INGREDIENT ALLERGENS: Gluten, Wheat, Mustard, Sulphites / Sulphur Dioxide, Milk

INGREDIENT MAY CONTAIN: None

	VALUES PER 100G										
ENERGY	ENERGY	PROTEIN	CARBOH YDRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT		
kcal	kJ	g	g	g	g	g	g	g	g		
299	1250	14.2	24.9	2.4	15.6	6.3	1.5	0.69	1.73		

VALUES PER PORTION									
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL PORTION SIZE				
kcal per Total	kcal per Portion	g	g	Slice	Slice				
921	921	308	308	2	2				



PHILLY CHEESESTEAK

TOPPINGS:

Philly Steak, Onion, Green Peppers, Cheese, Ranch Sauce

INGREDIENT ALLERGENS: Gluten, Wheat, Barley, Soya, Mustard, Milk

INGREDIENT MAY CONTAIN: None

VALUES PER 100G											
ENERGY	ENERGY	PROTEIN	CARBOH YDRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT		
kcal	kJ	g	g	g	g	g	g	g	g		
291	1213	10.7	20.6	2.9	18.3	4.4	1.4	0.39	0.99		

	VALUES PER PORTION									
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	TOTAL PORTION SIZE						
kcal per Total	kcal per Portion	g	g	Slice	Slice					
940	940	323	323	2	2					



PHILLY MUSHROOM

V Vegetarian

TOPPINGS: Philly Mushrooms, Onion, Green Peppers, Cheese, Ranch Sauce

INGREDIENT ALLERGENS: Gluten, Wheat, Soya, Mustard, Milk

INGREDIENT MAY CONTAIN: None

	VALUES PER 100G											
ENERGY	ENERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT ES FIBRE SODIUM SALT											
kcal	kJ	g	g	g	g	g	g	g	g			
283	1178	8.5	19.9	2.4	18.5	4.4	1.4	0.4	1			

VALUES PER PORTION										
ENERGY	ENERGY	ENERGY PRODUCT PORTION SIZE PORTION SIZE TOTAL PORTION SIZE TOTAL PORTION SIZE								
kcal per Total	kcal per Portion	g	g g Slice							
897	897	317	317	2	2					



VEGAN PHILLY MUSHROOM

Vegan

TOPPINGS: Philly Mushrooms, Onion, Green Peppers, Vegan Cheese, Ranch Sauce

INGREDIENT ALLERGENS: Gluten, Wheat, Oats (Gluten Free), Soya, Mustard

INGREDIENT MAY CONTAIN: None

	VALUES PER 100G											
ENERGY	ENERGY	PROTEIN	CARBOH YDRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT			
kcal	kJ	g	g	g	g	g	g	g	g			
286	286 1191 4.4 23.7 2.6 18.8 5 2.2 0.39 0.96											

	VALUES PER PORTION										
ENERGY	ENERGY	ENERGY PRODUCT WEIGHT PORTION SIZE PORTION SIZE TOTAL PORTION SIZE									
kcal per Total	kcal per Portion	g	g	Slice	Slice						
907	907	317	317	2	2						



WW MEDITERANEAN VEG & FETA

V Vegetarian

TOPPINGS:

Pizza Sauce, Green peppers, Onion, Tomato, Olives, Feta

INGREDIENT ALLERGENS: Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN: None

	VALUES PER 100G										
ENERGY	ENERGY	PROTEIN	CARBOH YDRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT		
kcal	kJ	g	g	g	g	g	g	g	g		
200	844	7.5	30.5	4	5.1	1.9	2.1	0.52	1.29		

	VALUES PER PORTION										
ENERGY	ENERGY	ENERGY PRODUCT WEIGHT PORTION SIZE PORTION SIZE TOTAL PORTION SIZE									
kcal per Total	kcal per Portion										
558	558	279	279	2	2						



WW FAJITA CHICKEN

TOPPINGS:

Pizza Sauce, Chicken, Green Peppers, Chopped Tomatoes, Red Chillies, Spicy Seasoning

INGREDIENT ALLERGENS: Gluten, Wheat, Soya, Mustard, Sulphites / Sulphur Dioxide, Milk

INGREDIENT MAY CONTAIN: None

	VALUES PER 100G											
ENERGY	ENERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT FIBRE SODIUM SALT											
kcal	kJ	g	g	g	g	g	g	g	g			
181	760	9.7	22.9	3.1	5.2	2	1.6	0.4	1.01			

	VALUES PER PORTION										
ENERGY	ENERGY PRODUCT WEIGHT PORTION SIZE PORTION SIZE TOTAL PORTION SIZE										
kcal per Total	kcal per Portion	g	g	Slice	Slice						
547	547 547 302 302 2 2										



GARLIC PIZZA STICKS

V Vegetarian

INGREDIENT ALLERGENS: Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN: None

	VALUES PER 100G											
ENERGY	ENERGY	PROTEIN	CARBOH YDRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT			
kcal	kJ	g	g	g	g	g	g	g	g			
368	368 1548 11.1 55.6 6.5 10.6 1.84 2.7 0.51 1.27											

	VALUES PER PORTION									
ENERGY	ENERGY PODUCT WEIGHT PORTION NO. OF PORTIONS BOX									
kcal per Portion	kcal per Portion	g	Per box	Pieces						
1111										



GARLIC STICKS WITH FOUR CHEESES

V Vegetarian

INGREDIENT ALLERGENS: Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN: None

	VALUES PER 100G											
ENERGY	IERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT ES FIBRE SODIUM SALT											
kcal	kJ	g	Ø	g	g	g	g	g	g			
321	1349	13.2	37.4	4.9	12.7	4.84	2.3	0.60	1.5			

	VALUES PER PORTION										
ENERGY	ENERGY ENERGY PRODUCT WEIGHT PORTION NO. OF PORTIONS BOX										
kcal per Portion	kcal per Portion	' d d Pernov Pieces									
1290											



GARLIC CHEESE STICKS

V Vegetarian

INGREDIENT ALLERGENS: Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN: None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOH YDRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT
kcal	kJ	g	g	g	g	g	g	g	g
337	1418	13.2	43.2	6	11.9	3.79	2.3	0.54	1.36

VALUES PER PORTION								
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX			
kcal per Portion	kcal per Portion	g	g	Per box	Pieces			
1254	627	372	186	2	14			



BACON CHEESE STICKS

INGREDIENT ALLERGENS: Gluten, Wheat, Milk

INGREDIENT MAY CONTAIN: None

VALUES PER 100G									
ENERGY	ENERGY	PROTEIN	CARBOH YDRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT
kcal	kJ	g	Ø	g	Ø	g	g	g	g
335	1403	12.9	37.4	5.1	14.2	4.95	2.8	0.65	1.63

VALUES PER PORTION								
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX			
kcal per Portion	kcal per Portion	g	g	Per box	Pieces			
1347	673	402	201	2	14			





MARMITE® & CHEESE SCROLLS

V Vegetarian

INGREDIENT ALLERGENS: Gluten, Wheat, Barley, Oats, Rye, Celery, Milk

INGREDIENT MAY CONTAIN: None

	VALUES PER 100G											
ENERGY ENERGY PROTEIN CARBOH YDRATE SUGARS FAT SATURAT ES FIBRE SODIUM SALT												
kcal	kJ	g	g	g	g	g	g	g	g			
296	1247	13.6	40.2	4.6	8.6	5.01	1.8	0.67	1.68			

VALUES PER PORTION										
ENERGY ENERGY PRODUCT WEIGHT PORTION SIZE PORTION SIZE BOX										
kcal per Total	kcal per Portion	g	g	Pieces	Pieces					
1063	133	359	44.8	1	8					



CHEESY JALAPENO BITES

V Vegetarian

INGREDIENT ALLERGENS: Gluten, Wheat, Soya, Milk

INGREDIENT MAY CONTAIN: Egg, Mustard, Sulphites / Sulphur Dioxide

	VALUES PER 100G											
ENERGY ENERGY PROTEIN CARBOH YDRATE SUGARS FAT SATURAT FIBRE SODIUM SAL												
kcal	kJ	g	g	g	g	g	g	g	g			
264	1101	4.8	25.9	3.9	15.2	5.3	2.1	0.61	1.51			

	VALUES PER PORTION										
ENERGY	RRGY ENERGY PRODUCT WEIGHT PORTION NO. OF PORTIONS BOX										
kcal per Total	kcal per Portion	g	g	Per box	Pieces						
441 221 167 83.5 2 10											



POTATO TOTS WITH FOUR CHEESES

V Vegetarian



BACON & CHEESE POTATO TOTS

INGREDIENT ALLERGENS: Milk

INGREDIENT
MAY CONTAIN:
Gluten, Wheat

	VALUES PER 100G											
ENERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT ES FIBRE SODIUM SALT												
kcal	kJ	g	g	g	g	g	g	g	g			
246 1027 13.5 15.6 0.5 13.9 4.62 2.2 0.48 1.19												

VALUES PER PORTION										
ENERGY ENERGY PRODUCT PORTION RECOMM- TOTAL PORTION SIZE PORTION SIZE PORTION SIZE PORTIONS										
kcal per Total	kcal per Portion	g	g	serving	Box of					
765	383	311	155.5	1/2	2					

INGREDIENT ALLERGENS: Milk

INGREDIENT MAY CONTAIN: Gluten, Wheat

	VALUES PER 100G											
ENERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT ES FIBRE SODIUM SALT												
kcal	kJ	g	g	g	g	g	g	g	g			
243	1013	8.3	20.1	0.6	13.6	4.08	3.4	0.56	1.41			

	VALUES PER PORTION										
ENERGY ENERGY PRODUCT WEIGHT PORTION RECOMMENDED PORTION SIZE PORTION SIZE PORTIONS											
kcal per Total	kcal per Portion	g	g	serving	Box of						
746	373	307	153.5	1/2	2						





PLAIN ROASTED CHICKEN WINGS



BBQ CHICKEN WINGS

INGREDIENT ALLERGENS: Gluten, Wheat, Celery

INGREDIENT MAY CONTAIN: Soya, Egg, Mustard, Milk

	VALUES PER 100G											
ENERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT ES FIBRE SODIUM SALT												
kcal	kJ	g	g	g	g	g	g	g	g			
206 861 23 0.9 0.4 12.3 3.86 0.5 0.53 1.31												

	VALUES PER PORTION										
ENERGY ENERGY PRODUCT WEIGHT SIZE PORTION SIZE TOTAL PORTION NO. OF PORTION SIZE											
kcal per Total	kcal per Portion	g	g	Per box	Box of						
494	247	240	120	2	6						

INGREDIENT ALLERGENS: Gluten, Wheat, Celery

INGREDIENT MAY CONTAIN: Soya, Egg, Mustard, Milk

	VALUES PER 100G											
ENERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT ES FIBRE SODIUM SALT												
kcal	kJ	g	g	g	g	g	g	g	g			
243	1016	23.4	8.3	4.4	12.9	3.74	0.5	0.57	1.43			

	VALUES PER PORTION										
ENERGY	NERGY ENERGY PORTION NO. OF PORTION SIZE PORTION SIZE										
kcal Per Total	Kcal per Portion	g	g	Per box	Box of						
729 365 300 150 2 6											



HOT BUFFALO CHICKEN WINGS

INGREDIENT ALLERGENS: Gluten, Wheat, Celery

INGREDIENT MAY CONTAIN: Soya, Egg, Mustard, Milk

	VALUES PER 100G											
ENERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT ES FIBRE SODIUM SALT												
kcal	kJ	g	g	g	g	g	g	g	g			
234	978	27.3	1.9	1.9	13.8	3.58	0.5	1.09	2.73			

	VALUES PER PORTION										
ENERGY	ENERGY ENERGY ENERGY WEIGHT TOTAL PORTION SIZE PORTION SIZE										
kcal Per Total	Kcal per Portion	g	g	Per box	Box of						
702	351	300	150	2	6						



BLACK GHOST CHILLI CHICKEN WINGS

Chicken wings coated in black ghost chilli and buffalo sauce

INGREDIENT ALLERGENS: Gluten, Wheat, Celery

INGREDIENT MAY CONTAIN: Soya, Egg, Mustard, Milk

	VALUES PER 100G											
ENERGY	ENERGY	PROTEIN	CARBOH YDRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT			
kcal	kJ	g	g	g	g	g	g	g	g			
206	862	21.3	4.6	3	11.1	2.56	1.4	1.02	2.57			

	VALUES PER PORTION										
ENERGY	ENERGY PORTION NO. OF TOTAL IN PORTION SIZE PORTIONS BOX										
kcal per Total	kcal per Portion	g	g	Per box	Pieces						
639	319	310	155	2	6						





HOT PIRI PIRI CHICKEN POPPERS



PLAIN CHICKEN POPPERS

INGREDIENT
ALLERGENS:
Gluten, Wheat,
Soya, Celery,
Sulphites /
Sulphur Dioxide,
Milk

INGREDIENT MAY CONTAIN: None

	VALUES PER 100G											
ENERGY	ENERGY	PROTEIN	CARBOH YDRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT			
kcal	kJ	g	g	g	g	g	g	g	g			
224	941	16.4	21.2	3.1	8	3.12	0.7	0.78	1.94			

	VALUES PER PORTION										
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL PORTION SIZE						
kcal Per Total	Kcal per Portion	g	g	Per box	Box of						
488	244	218	109	2	10						

INGREDIENT ALLERGENS: Gluten, Wheat, Soya, Celery, Milk

	VALUES PER 100G											
ENERGY	ENERGY	PROTEIN	CARBOH YDRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT			
kcal	kJ	g	g	g	g	g	g	g	g			
196	824	18.4	14.3	0.8	7.1	2.87	0.7	0.5	1.25			

	VALUES PER PORTION										
ENERGY	ENERGY ENERGY PRODUCT WEIGHT SIZE PORTION NO. OF PORTION SIZE										
kcal Per Total	Kcal per Portion										
353 177 180 90 2 10											



MARMITE® AND CHEESE STICKS

V Vegetarian

INGREDIENT ALLERGENS: Gluten, Wheat, Barley, Oats, Rye, Celery, Milk

INGREDIENT MAY CONTAIN: None

	VALUES PER 100G											
ENE	ERGY	ENERGY	PROTEIN	CARBOH YDRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT		
ko	cal	kJ	g	g	g	g	g	g	g	g		
3:	26	1373	15.7	43.5	7.1	9.4	5.38	2.4	0.82	2.03		

	VALUES PER PORTION										
ENERGY	ENERGY PRODUCT PORTION NO. OF TOTAL IN SIZE PORTIONS BOX										
kcal per Total	kcal per Portion	g	Pieces								
1164	582	357	178.5	2	14						



BRANSTON PICKLE AND CHEESE STICKS

V Vegetarian

INGREDIENT
ALLERGENS:
Gluten, Wheat,
Barley, Sulphites /
Sulphur Dioxide,
Milk

INGREDIENT MAY
CONTAIN:
None
VALUES

	VALUES PER 100G											
ENERGY	ERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT ES FIBRE SODIUM SA											
kcal	kJ	g	g	g	g	g	g	g	g			
328 1378 13 44.7 9.2 10.2 6.06 2.5 0.69 1.74									1.74			

	VALUES PER PORTION										
ENERGY	ENERGY PORTION NO. OF TOTAL IN PORTION SIZE PORTIONS BOX										
kcal per Total	kcal per Portion	g g Per box Piec									
1269	635 387 193.5 2 14										



SWEET CHILLI AND CHEESE STICKS

Vegetarian

INGREDIENT ALLERGENS: Gluten, Wheat, Milk

	VALUES PER 100G											
ENERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT FIBRE SODIUM SALT												
kcal	kJ	g	Ø	g	g	g	g	g	Ø			
315	315 1328 10.5 47.4 11.2 8.7 4.98 2.7 0.65 1.62											

VALUES PER PORTION										
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX					
kcal per Total	kcal per Portion	g	g	Per box	Pieces					
1329	665	422	211	2	14					



VEGAN MARMITE® AND CHEESE STICKS





VEGAN BRANSTON PICKLE AND CHEESE STICKS



INGREDIENT ALLERGENS: Gluten, Wheat, Barley, Oats, Rye, Celery

INGREDIENT MAY CONTAIN: None

	VALUES PER 100G											
ENERGY	ENERGY	PROTEIN	CARBOH YDRATE	SUGARS	FAT	SATURAT ES	FIBRE	SODIUM	SALT			
kcal	kJ	g	g	g	g	g	g	g	g			
319	1344	11.6	50.1	4.7	7.3	4.6	3.1	0.82	2.06			

	VALUES PER PORTION									
ENERGY ENERGY PORTION NO. OF TOTAL IN PORTION SIZE PORTIONS BOX										
kcal per Total	kcal per Portion	g	g	Per box	Pieces					
1059	530	332	166	2	14					

INGREDIENT ALLERGENS: Gluten, Wheat, Barley, Gluten Free Oats, Sulphites / Sulphur Dioxide

	VALUES PER 100G											
ENERGY	ENERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT FIBRE SODIUM SALT											
kcal	ĸ	g	g	Ø	g	g	g	a	g			
309 1303 8.1 50.1 6.9 7.6 4.59 4 0.59 1.47												

	VALUES PER PORTION										
ENERGY ENERGY PORTION NO. OF TOTAL IN PORTIONS BOX											
kcal per Total											
1196	598	387	193.5	2	14						



CAULIFLOWER WINGS

CRISPY GLUTEN-FREE COATED CAULIFLOWER BITES





POTATO TOTS



INGREDIENT ALLERGENS: None

INGREDIENT MAY CONTAIN: None

	VALUES PER 100G											
ENERGY	ENERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT ES FIBRE SODIUM SALT											
kcal	kJ	g	g	g	g	Ø	g	g	g			
160	660	2.5	12	1.5	11	0.7	1.9	0.36	0.9			

VALUES PER PORTION										
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	RECOMM- ENDED PORTION SIZE	TOTAL PORTIONS					
kcal per Total	kcal per Portion	g	g	serving	Box of					
320	160	229	115	1	2					

INGREDIENT ALLERGENS: None

INGREDIENT MAY CONTAIN: Gluten, Wheat, Milk

VALUES PER 100G											
ENERGY	NERGY ENERGY PROTEIN CARBOH YDRATE SUGARS FAT SATURAT FIBRE SODIUM SALT										
kcal	kJ	g	g	g	g	g	g	g	g		
190	796	2.5	23.6	0.5	9.1	1.01	2	0.46	1.15		

	VALUES PER PORTION										
ENERGY ENERGY PRODUCT SIZE PORTION RECOMM- TOTAL PORTION SIZE PORTION SIZE PORTIONS											
kcal per Total											
380	190	200	100	1	2						



POTATO TOTS WITH VEGAN CHEESE





POTATO TOTS WITH VEGAN CHEESE & JALAPENOS Vegan

INGREDIENT ALLERGENS: Oats (Gluten Free)

INGREDIENT MAY CONTAIN: Gluten, Wheat, Milk

	VALUES PER 100G											
ENERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT FIBRE SODIUM SALT												
kcal	kJ	g	g	g	g	Ø	g	g	g			
243	243 1014 1.9 26.5 0.2 13.5 4.19 4 0.43 1.07											

	VALUES PER PORTION										
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	RECOMM- ENDED PORTION SIZE	TOTAL PORTIONS						
kcal per Total	' ' ' ' ' ' ' ' ' ' ' Servind Boy of										
608	304	250	125	1	2						

INGREDIENT ALLERGENS: Oats (Gluten Free), Sulphites / Sulphur Dioxide

INGREDIENT MAY CONTAIN: Gluten, Wheat, Milk

VALUES PER 100G											
ENERGY ENERGY PROTEIN CARBOH YDRATE SUGARS FAT SATURAT FIBRE SODIUM SALT											
kcal	kJ	Ø	Ø	Ø	g	g	g	g	g		
194 812 6.3 16.4 1 11.2 3.3 1.4 0.73 1.82											

	VALUES PER PORTION										
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	RECOMM- ENDED PORTION SIZE	TOTAL PORTIONS						
kcal per Total	kcal per Portion	g	g	serving	Box of						
601	301	310	155	1	2						



VEGAN CHEESE & MARMITE® SCROLLS



INGREDIENT ALLERGENS: Gluten, Wheat, Barley, Oats (Gluten Free), Rye, Celery

INGREDIENT MAY CONTAIN: None

	VALUES PER 100G											
ENERGY	ENERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT FIBRE SODIUM SALT											
kcal	kJ	g	g	g	g	g	g	g	g			
296	296 1248 9.6 47.1 4.3 7.1 4.77 2.7 0.65 1.62											

	VALUES PER PORTION										
ENERGY ENERGY PORTION PORTION FORTION SIZE SIZE SIZE SIZE											
kcal per Total	kcal per Portion	g	g	Scroll	Box of						
989	124	336	42	1	8						



'NOT-CHICKEN' VEGAN BITES

VEG PROTEIN IN CRISPY SOUTHERN FRIED STYLE BREADCRUMBS AND DIP



INGREDIENT ALLERGENS: Gluten, Wheat

INGREDIENT MAY CONTAIN: Milk

	VALUES PER 100G											
ENERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT ES FIBRE SODIUM SALT												
kcal	kJ	g	g	g	g	g	g	g	g			
307 1278 8.8 21.3 0.47 20.3 1.85 1.93 0.6 1.5												

	VALUES PER PORTION										
ENERGY ENERGY PRODUCT WEIGHT PORTION SIZE TOTAL PORTION SIZE PORTION SIZE											
kcal per Total	lcal per Portion	Box of									
614 307 200 100 4 8											



CHEESY CHILLI BITES





INGREDIENT MAY CONTAIN: None

	VALUES PER 100G											
ENERGY	ENERGY ENERGY PROTEIN CARBOH YDRATE SUGARS FAT SATURAT ES FIBRE SODIUM SALT											
kcal	kJ	g	g	g	g	g	g	g	g			
284	1190	2.1	38.6	1.3	12.9	4.38	2.6	0.64	1.62			

	VALUES PER PORTION										
ENERGY ENERGY PRODUCT WEIGHT SIZE SIZE TOTAL PORTION SIZE SIZE SIZE											
kcal Per Total	Kcal per Portion	g	Ø	portion	Box of						
500	250	176	88	1/2	8						



VEGAN SWEET CHILLI AND CHEESE STICKS



INGREDIENT ALLERGENS: Gluten, Wheat, Oats (Gluten Free)

	VALUES PER 100G											
ENERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT ES FIBRE SODIUM SALT												
kcal	kJ	g	g	Ø	g	g	g	a	g			
320 1346 8.6 51.2 8.5 8.3 5.35 2.8 0.54 1.34												

	VALUES PER PORTION										
ENERGY ENERGY PORTION NO. OF TOTAL IN PORTION SIZE PORTIONS BOX											
kcal per Total											
1270											



GIANT CHOC CHIP COOKIE

V Vegetarian

INGREDIENT ALLERGENS: Gluten, Wheat, Soya, Egg

INGREDIENT MAY CONTAIN: None

	VALUES PER 100G											
ENERGY	ENERGY ENERGY PROTEIN CARBOH YDRATE SUGARS FAT SATURAT FIBRE SODIUM SALT											
kcal	kJ	g	g	g	g	g	g	g	g			
489	2041	5.5	61.5	40.9	23.8	13.4	2.8	0.14	0.35			

	VALUES PER PORTION										
ENERGY ENERGY PORTION PORTION SIZE TOTAL PORTION SIZE SIZE SIZE											
kcal per Total	kcal per Portion	g	g	Slice	Box of						
1589	199	325	40	1	8						



GIANT DOUBLE CHOCOLATE BROWNIE

V Vegetarian

INGREDIENT ALLERGENS: Gluten, Wheat, Soya, Egg

VALUES PER 100G											
ENERGY	ENERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT FIBRE SODIUM SALT										
kcal	ĸ	g	g	Ø	g	g	g	g	g		
443 1859 5.1 62.1 44.8 18.9 5.1 2.2 0.95 2.4											

	VALUES PER PORTION									
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL PORTION SIZE					
kcal per Total	kcal per Portion	g	g	Piece	Box of					
1373	153	310	34	1	9					



CINNAMON SCROLLS



INGREDIENT ALLERGENS: Gluten, Wheat, Soya

INGREDIENT MAY CONTAIN: Egg, Milk

	VALUES PER 100G										
ENERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT ES FIBRE SODIUM SALT											
kcal	kJ	g	g	g	g	g	g	g	g		
321 1351 8.1 51.1 11.5 8.7 1.89 2.8 0.44 1.11											

VALUES PER PORTION									
ENERGY ENERGY PORTION SIZE TOTAL PORTION SIZE SIZE SIZE									
kcal Per Total	Kcal per Portion	g	g	Piece	Box of				
1066	133	332	41.5	1	8				



CHOCOLATE SCROLLS

V Vegetarian

INGREDIENT ALLERGENS: Gluten, Wheat, Soya, Milk

INGREDIENT MAY CONTAIN: Egg

VALUES PER 100G											
ENERGY	ENERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT ES FIBRE SODIUM SALT										
kcal	ĸ	g	g	Ø	g	g	g	g	g		
301 1272 10.9 53.5 8.6 4.1 0.7 3.2 0.46 1.16											

	VALUES PER PORTION									
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL PORTION SIZE					
kcal per Total	kcal per Portion	g	g	Piece	Box of					
894	112	297	37.1	1	8					



CINNAPIE STICKS



INGREDIENT ALLERGENS: Gluten, Wheat, Oats, Soya, Sulphites / Sulphur Dioxide

INGREDIENT MAY CONTAIN: Egg, Milk

	VALUES PER 100G										
ENERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT FIBRE SODIUM SAL											
kcal	kJ	g	g	g	g	g	g	g	g		
360 1513 8 56.5 16.1 10.7 2.58 2.6 0.43 0.87											

VALUES PER PORTION									
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	NO. OF PORTIONS	TOTAL IN BOX				
kcal Per Total	Kcal per Portion	g	g	Per box	Pieces				
1357	679	377	188.5	2	14				



MAGNUM® DOUBLE SALTED CARAMEL

See individual pack for nutritional and allergen information



MAGNUM CLASSIC

See individual pack for nutritional and allergen information



BEN & JERRY'S™ -CARAMEL CHEW CHEW™

See individual pack for nutritional and allergen information



BEN & JERRY'S™ -

Berry Revolutionary Sundae - Non-Dairy

Contains: Wheat, Barley, Soya, Nuts (Almonds). May contain: Nuts (Hazelnut), Oat, Rye

See individual pack for nutritional and allergen information



BEN & JERRY'S™ -COOKIE DOUGH

See individual pack for nutritional and allergen information



BEN & JERRY'S™ -CHOCOLATE FUDGE BROWNIE

See individual pack for nutritional and allergen information



BEN & JERRY'S™ NON-DAIRY COOKIES ON COOKIES

See individual pack for nutritional and allergen information



BEN & JERRY'S™ NON-DAIRY Save Our Swirled NOW

See individual pack for nutritional and allergen information



BEN & JERRY'S™ - COOKIE DOUGH 100ml

See individual pack for nutritional and allergen information



BEN & JERRY'S™ -NON-DAIRY COOKIES ON COOKIES 100ml

See individual pack for nutritional and allergen information



BEN & JERRY'S™ -CHOCOLATE FUDGE BROWNIE 100ml

See individual pack for nutritional and allergen information

OCT22-1

		COOKED INGREDIENT VALUES PER 100G									
CREATE YOUR OWN INGREDIENT NAME	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	
	kcal	kJ	g	g	g	g	g	g	g	g	
Anchovies	256	1080	41.9	6.9	0.3	6.3	0.91	2.2	14.7	36.8	
Bacon	368	1535	32.9	9.5	0.6	22	9.2	0.5	2.15	5.39	
Black Olives	236	967	2.1	0.1	0.1	23.3	4.04	8.7	0.14	0.35	
Mozzarella Cheese	328	1366	23.1	6.3	2.2	23	15.7	1.9	0.92	2.32	
Chestnut Mushrooms	50.2	211	5.7	4	0.1	0.5	0.1	3.9	0.05	0.12	
Chicken	175	740	37.4	2	1.2	1.9	0.55	0.5	1	2.5	
Feta Cheese	377	1562	21.2	0.4	0.1	32.3	22.7	0.5	3.15	7.87	
Sliced Green Peppers	26.6	112	1	4.3	3.1	0.5	0.1	2.7	0.05	0.12	
Ham	197	828	30.3	1.8	1.8	7.8	3.02	0.5	1.47	3.68	
Italian Sausage	366	1516	21.6	1.4	1.4	29.5	11	7.1	1.02	2.56	
Jackfruit "Pepperoni"	280	1161	9.8	13.7	8.3	15.8	1.7	22.1	0.3	0.76	
Jalapeno Slices	28.1	116	0.9	2.1	0.7	0.5	0.1	5.8	0.33	0.83	
Sliced White Onion	76.7	324	2	14.9	7.8	0.5	0.1	4.1	0.12	0.31	
Pepperoni	499	2063	21	0	0	46.1	19.8	0.5	1.8	4.51	
Philly Beef	132	558	23	9.5	5.2	2	0.8	8.0	0.45	1	
Pineapple Chunks	134	568	0.5	31.4	21.6	0.5	0.1	1.8	0.05	0.12	
Pork Sausage	327	1357	22.6	1.6	1.6	25.2	9.5	2.5	1	2.52	
Premium Cheese Blend	396	1646	35.8	0.6	0.1	27	18.7	3.5	0.92	2.32	
Sliced Red Chillis	124	512	5.7	7.7	3	4.4	1.13	15.2	0.05	0.12	
Spicy Beef	346	1447	27.9	12.8	1.2	20.4	9.17	0.5	0.66	1.65	
Sweetcorn	112	470	3.9	15.8	7.2	2.7	0.51	4.4	0.5	0.12	
Fresh Tomato	26.2	110	1.2	3.7	2.5	0.5	0.1	2.4	0.05	0.12	
Tuna	205	872	49.8	0.6	0.1	0.5	0.11	0.5	0.82	2.06	
Vegan Cheese	516	2136	0.6	30.8	0.1	41.6	35.3	7.9	0.11	0.29	
Vegan Sausage	284	1184	28.8	5.5	2.4	15.6	1.18	3	0.97	2.43	

ANCHOVIES

ALLERGENS: Fish MAY CONTAIN: None

BACON

ALLERGENS: None MAY CONTAIN: None

BBQ SAUCE (V)

ALLERGENS: Mustard

MAY CONTAIN: Gluten, Barley

BLACK OLIVES (V) (Vg)

ALLERGENS: None MAY CONTAIN: None

CHESTNUT MUSHROOMS (V) (Vg)

ALLERGENS: None MAY CONTAIN: None

DOUGH (V) (Vg)

ALLERGENS: Gluten, Wheat MAY CONTAIN: None

DUSTINATOR (FLOUR) (V) (Vg)

ALLERGENS: Gluten, Wheat

MAY CONTAIN: None

FETA CHEESE (V)

ALLERGENS: Milk MAY CONTAIN: None

GREEN PEPPERS (V) (Vg)

ALLERGENS: None MAY CONTAIN: None

CHICKEN

ALLERGENS: Gluten, Wheat, Soya,

Mustard

MAY CONTAIN: None

HAM

ALLERGENS: None MAY CONTAIN: None

ICING DRIZZLE (V) (Vg)

ALLERGENS: None MAY CONTAIN: None

ITALIAN SAUSAGE

ALLERGENS: Mustard MAY CONTAIN: None

ITALIAN SEASONING (V)

ALLERGENS: Gluten, Wheat, Milk

MAY CONTAIN: None

JACKFRUIT "PEPPERONI" (V) (Vg)

ALLERGENS: None MAY CONTAIN: None

JALAPENOS (V) (Vg)

ALLERGENS: Sulphites / Sulphur

Dioxide

MAY CONTAIN: None

MOZZARELLA CHEESE (V)

ALLERGENS: Milk MAY CONTAIN: None

ONIONS (V) (Vg)
ALLERGENS: None
MAY CONTAIN: None

PEPPERONI

ALLERGENS: None MAY CONTAIN: None

PEPPERONI

ALLERGENS: None MAY CONTAIN: None

PEPPERONICINI (V) (Vg)

ALLERGENS: Sulphites / Sulphur

Dioxide

MAY CONTAIN: None

PINEAPPLE (V) (Vg) ALLERGENS: None MAY CONTAIN: None

PORK SAUSAGE ALLERGENS: Mustard

MAY CONTAIN: None

PREMIUM CHEESE BLEND (V)

ALLERGENS: Milk MAY CONTAIN: None

RED CHILLIES (V) (Vg) ALLERGENS: None MAY CONTAIN: None **SPICY BEEF**

ALLERGENS: Gluten, Wheat, Milk

MAY CONTAIN: None

STUFFED CRUST CHEESE (V)

ALLERGENS: Milk MAY CONTAIN: None

SWEETCORN (V) (Vg) ALLERGENS: None MAY CONTAIN: None

TOMATOES

ALLERGENS: None MAY CONTAIN: None

TUNA

ALLERGENS: Fish MAY CONTAIN: None

VEGAN CHEESE (V) (Vg)

ALLERGENS: Oats (Gluten Free)

MAY CONTAIN: None

VEGAN SAUSAGE (V) (Vg)

ALLERGENS: Gluten, Wheat, Barley,

Soya

MAY CONTAIN: None

VEGAN STUFFED CRUST CHEESE (V)

(Vg)

ALLERGENS: Oats (Gluten Free)

MAY CONTAIN: None

BASE SAUCES

BBQ SAUCE - BASE (Vg) ALLERGENS: None MAY CONTAIN: None

PIZZA SAUCE – BASE (Vg) ALLERGENS: None MAY CONTAIN: None

RANCH SAUCE – BASE (Vg) ALLERGENS: Soya, Mustard MAY CONTAIN: None

DIPS

BBQ SAUCE - DIP (Vg) ALLERGENS: None MAY CONTAIN: None

GARLIC & HERB – DIP (Vg) ALLERGENS: Mustard MAY CONTAIN: None

HOT BUFFALO - DIP (Vg) ALLERGENS: None MAY CONTAIN: None

SPECIAL GARLIC - DIP (Vg) ALLERGENS: None MAY CONTAIN: None

TOMATO & HERB – DIP (Vg)
ALLERGENS: None
MAY CONTAIN: None



TANGO ICE BLAST CHERRY SORBET

See individual pack for nutritional and allergen information



🕨 Vegan



TANGO ICE BLAST **BLUE RASPBERRY SORBET**

See individual pack for nutritional and allergen information



🕨 Vegan



BREWDOG PUNK AF

Contains: Gluten (Barley)

See individual pack for nutritional and allergen information



Vegetarian



BREWDOG LOST AF

Contains: Gluten (Barley)

See individual pack for nutritional and allergen information



Vegetarian





F'REAL MILKSHAKE VANILLA

Contains: Gluten (Wheat), Milk. May Contain: traces of nuts



F'REAL MILKSHAKE CHOCOLATE

Contains: Milk, Soya. May Contain: traces of nuts



F'REAL MILKSHAKE STRAWBERRY

Contains: Gluten (Wheat), Milk. May Contain: traces of nuts



F'REAL MILKSHAKE COOKIES 'N CREAM

Contains: Gluten (Wheat), Milk. May Contain: traces of nuts

SOFT DRINKS

See individual packs for nutritional and allergen information.

- PEPSI MAX
- PEPSI MAX CHERRY
- PEPSI
- BALLYGOWAN WATER
- DRENCH TROPICAL
- PEACH ICED TEA
- MOUNTAIN DEW SUGAR FREE
- ORANGE TANGO
- 7UP FREE
- ROBINSONS REAL FRUIT APPLE & RASPBERRY
- ROCKSTAR ORIGINAL SUGAR FREE
- IRON BRU
- IRON BRU SUGAR FREE



CYO INGREDIENTS

CHILLI POWDER (V) (Vg)

ALLERGENS: None MAY CONTAIN: None

HONEY (V)

ALLERGENS: None MAY CONTAIN: None

TANDOORI SEASONING (V)
ALLERGENS: Gluten, Wheat, Milk

MAY CONTAIN: None



HEMP STICKS

Garlic pizza sticks topped with organic hemp seeds and cheese

V Vegetarian

INGREDIENT ALLERGENS: Gluten, Wheat, Milk

	VALUES PER 100G										
ENERGY ENERGY PROTEIN CARBOH SUGARS FAT SATURAT ES FIBRE SODIUM SALT											
kcal	kJ	g	g	g	g	g	g	g	g		
331 1389 13.2 43.8 4.7 12 5.2 2.5 0.53 1.33											

	VALUES PER PORTION									
ENERGY	ENERGY PRODUCT PORTION NO. OF TOTAL IN SIZE PORTIONS BOX									
kcal per Total	kcal per Portion	g	g	Per box	Pieces					
1195	599	361	181	2	14					

CHEESE & TOMATO BRANSTON STUFFED CRUST



SIZE & CRUST

Stuffed Crust Branston- Large

VALUES PER 100G ENERGY ENERGY PROTEIN CARBOHY DRATE SUGARS FAT kcal g g g g g g 268 1124 12.6 32.2 4.4 9.4 5.4 2.3 0.56 1.39

V Vegetarian

NS:		
10.		

INGREDIENT ALLERGENS: Gluten, Wheat, Milk, INGREDIENT MAY CONTAIN:

BASE & TOPPINGS: Cheese, Pizza Sauce

CONTAIN

None

None

STUFFED CRUST INGREDIENT ALLERGENS: Gluten, Wheat, Barley, Sulphites / Sulphur Dioxide, Milk INGREDIENT MAY CONTAIN:

VALUES PER SLICE					
ENERGY	ENERGY	TOTAL PRODUCT WEIGHT	PORTION SIZE	PORTION SIZE	TOTAL SLICES
kcal per Total	kcal per Portion	g	g	SLICE	SLICE
2546	255	950	95	1	10

Product customisation may affect calorie content.